

**Zeitschrift:** Helvetia : magazine of the Swiss Society of New Zealand  
**Band:** 35 (1972)  
**Heft:** [1]  
  
**Vorwort:** This is the time of New Year  
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# THIS IS THE TIME OF NEW YEAR

THIS IS THE TIME for new resolutions, new determinations, new efforts; the time for a little introspection, a little self-analysis; a little personal evaluation.

This is the time for new hope in the days that lie ahead, with a measure of sadness for those that have gone beyond recall.

This is a very human time of our lives.

Perhaps this is a good time to remember that regrets should lie buried with yesterday; that hope is always for tomorrow; and that living only is for today.

Many of the things which make for good living are the little things we take in our daily stride without paying much attention or heed to them. Yet they contain the gems which add colour and sparkle to much of the drab background, but the familiarity of their presence may cause us to lose sight of their value, and their loss becomes our misfortune.

Let us run if we must, but not lose sight of the great and good which lie in our path; let us keep our heart young and our view unimpaired, so that the things worthwhile shall not escape us.

There are many things which are worthwhile if only we grasp their significance and apply them to our daily task of living.

— W.R.