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Treat your mum with Cheese twists on Mother's Day



Serving size: Serves 4

Cooking time: Less than 30 minutes

INGREDIENTS:

- 1 sheet frozen butter puff pastry, thawed
- 1 egg, beaten lightly
- 2 tablespoons finely grated cheddar cheese
- 2 tablespoons finely grated parmesan cheese

NOTE: This recipe is best made on the day of serving.

METHOD:

- Preheat the oven to hot (220°C).
- Brush one side of pastry sheet with egg then sprinkle with combined cheeses.
- Cut pastry sheet in half then cut each half, width ways, into 1cm strips.
- Twist the pastry pieces and place on lightly greased oven trays. Bake in hot oven for about 10 minutes or until the pastry is browned and puffed. Transfer to wire racks to cool.
- Prepared unbaked twists suitable to freeze. Not suitable to microwave.

Cook's note

Butter puff pastry softens quickly. It may be easier to work with one half of the pastry at a time and keep the other half in the refrigerator until ready to use.

Jokes

How many animals did Moses take on the ark?
Moses didn't take anything on the ark. Noah did!

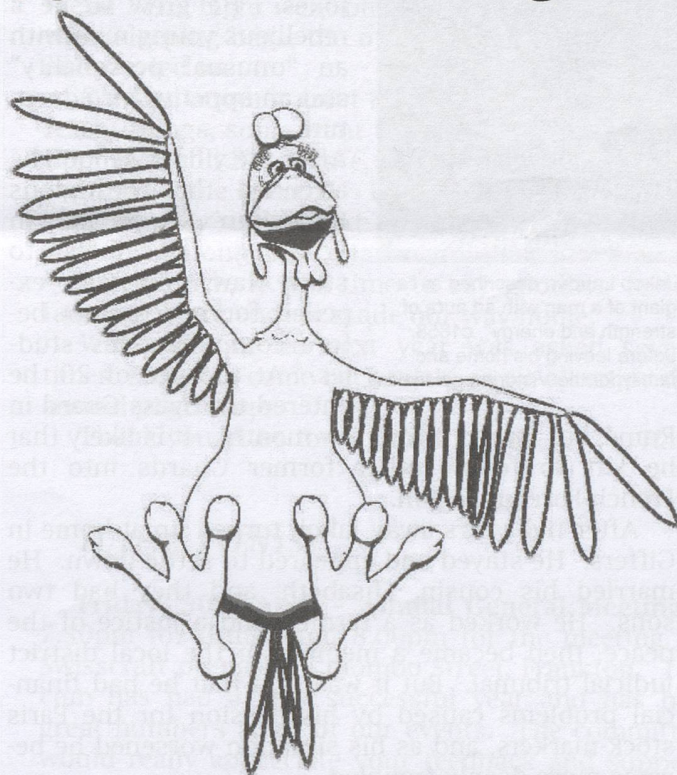
What animals didn't come on the ark in pairs?
Maggots. They came in an apple.

What is black and white and lives in Hawaii?
A lost penguin.

Why did the worm sleep in?
Because it didn't want to get caught by the early bird.

How do fleas travel?
They itchhike.

Rooster colouring-in



Hairy Stories

- Hair grows at different rates, depending on many factors: It grows faster in warm weather than in cold weather, faster in the morning than in the afternoon and slowest at night.
- Most human hair stops growing when it is about 1m long, but some people's hair can grow much longer. In 1989 a woman in India was discovered to have hair over 6m long.